

WELL EDITED CO. DECLUTTERING PROCESS

Visualize first to find your why

Visualize the space you want to wake up to, spend time in and come home to. Use this as your motivation throughout the process.

List some words from your visualization:

Start small

One corner, one box, one drawer, one hanging space at a time.

Create categories/piles

Donate, relocate, recycle, trash, return, to do (e.g. dry clean, repair, return, etc.).

Ask yourself probing questions

- Do I love this?
- Is it useful to me now?
- Is this bringing me clarity or contributing to clutter?

Ask for help

A friend, family member or professional help.

Deal with the piles created

Drop off donations, move items to their correct location, take out the recycling, trash and drop off returns.

Reflect on how this process was for you:
